

*Excerpted from The Way of Balance: Journey of Transformation*

*"In order for healing to be complete,  
it must be rooted in spirit."*

*Nei Jing, ancient Chinese medical text*

In all illness, there is meaning. If we would look within to explore ourselves we might find the understanding as to why we've been given the illness, the meaning it holds and what it's trying to tell us or achieve in our life. If there were no illness in life, countless opportunities for growth would be lost.

Until we are self-realized, illness is a necessity and should be a welcome part of life. Illness can be viewed as a tragedy or as a corrective measure by the soul. If it were understood just how much illness could teach us, there would be no fear of sickness. Perhaps we'd even stop our insatiable habit of popping a pill to get better and instead focus on natural methods as well as spiritual means to attaining lasting health and well-being.

Natural Force Healing® offers a unique approach to achieving wellness. It takes you on a journey of self-discovery. It opens you up to the hidden dimensions of the self. Like an onion, it peels away the layers of imperfection until at last the glistening gem that is your birthright is fully exposed. The beauty that is unearthed, the real you that emerges, allows you to live your life with robustness, joy and a sense of purpose. By eliminating the distortions and flaws you have built up over your lifetime, you are better able to handle the challenges life presents to you. You become the best you can be, the person you were always meant to be. Unfortunately, through the build-up of defenses and misperceptions, so much baggage has been added to your life that it's been almost impossible to see your true self.

Natural Force Healing® is the solution to what ails you. Never before has this mechanism for lasting, positive change existed in our world. Finally, we have reached a place in our collective evolution where this knowledge may be accessed. Our awareness has finally reached critical mass. Now sickness and disease may be eradicated relatively quickly, easily and painlessly. Never before has a concept and technique yielded so much possibility for humankind.